



Gay Buddhist
Fellowship

Day-long Meditation Retreat

March 20, 2010, 10:00 am. – 4:00 pm

San Francisco Buddhist Center

37 Bartlett St.

San Francisco, CA

Please join us at the GBF Day-long Meditation Retreat on Saturday, March 20, 2010. We will have multiple silent sittings, some meditation instructions, a walking meditation, a dharma talk by David Lewis, chi kung with Emilio Gonzalez, a small group discussion, a large group closing, and a delicious vegetarian pot luck lunch organized by chef Richard Azzolini. This will be a chance to deepen our practice and enrich sangha friendships. We hope you can be there.

Transportation: MUNI: 14 Mission or 49 Van Ness-Mission, alight at 21st St, walk 1/2 block; BART:24th and Mission, walk 3 1/2 blocks.

Space is limited. Please register by March 15 – just fill in the form below and mail, with a \$20 check made out to GBF, to

Ted Johnson
1200 Gough #6D
San Francisco CA 94109

He can be reached at (650) 576-2757 or johnsonT10@att.net with any questions.

Name

Email address

Telephone.